



“The Annunciation of the Angel Gabriel to Mary”...

FROM THE GOSPEL ACCORDING TO - LUKE:

“The angel Gabriel was sent from God... to a virgin... and he said: ‘... Do not be afraid, Mary, for you have found favor with God. Behold, you will conceive in your womb and bear a son, and you shall name him Jesus. He will be great and will be called Son of the Most High.’” (Luke 1:26-32)¹

MEDITATION ON THE MYSTERY:

Give us the Grace, Lord, to know how to “read” Your will in the particular events of our lives; and above all, give us the grace to know how to say FIAT as Mary did – that is, “Yes! Your will be done,” and not mine! (cf. SLC, p. 62)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards the joy which comes from accepting the announcement, Pope Francis says: “Saint Justin Martyr... tells us that Mary, receiving the message of the angel, conceived ‘faith and joy.’ In the Mother of Jesus faith demonstrated its fruitfulness; when our own spiritual lives bear fruit, we become filled with joy, which is the clearest sign of faith’s grandeur.” (FRANCIS, Enc.Lett. Lumen Fidei, IV, n. 58)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen) :

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Then follows ...

- 1 Our Father ...
- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,
- O my Jesus, forgive us...
- Mary, Queen of Peace ...
- Then, a quick song relevant to the mystery / or one sings : “ Aveeeee, Aveeeee, Ave Maria”

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...